





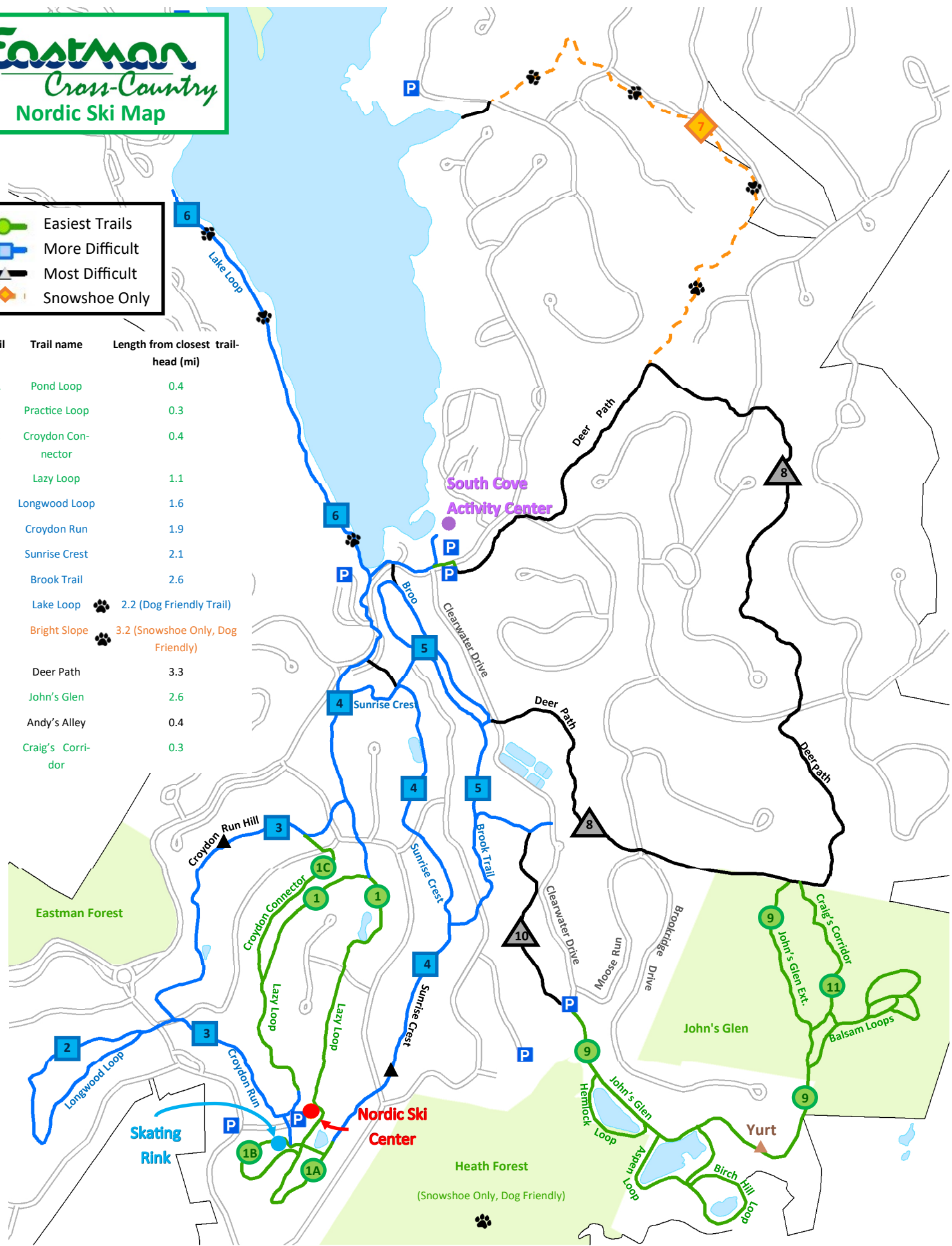


Eastman Cross-Country Nordic Ski Map

 Easiest Trails
 More Difficult
 Most Difficult
 Snowshoe Only

Trail #	Trail name	Length from closest trail-head (mi)
1A	Pond Loop	0.4
1B	Practice Loop	0.3
1C	Croydon Connector	0.4
1	Lazy Loop	1.1
2	Longwood Loop	1.6
3	Croydon Run	1.9
4	Sunrise Crest	2.1
5	Brook Trail	2.6
6	Lake Loop 	2.2 (Dog Friendly Trail)
7	Bright Slope 	3.2 (Snowshoe Only, Dog Friendly)
8	Deer Path	3.3
9	John's Glen	2.6
10	Andy's Alley	0.4
11	Craig's Corridor	0.3



Heath Forest
(Snowshoe Only, Dog Friendly)